



Spaghetti & Turkey Meatballs



This recipe calls for:

Traditional Sauce

Tomato, Garlic & Onion Sauce

Traditional Pasta Sauce

Prep time

15 minutes

Cook time

15 minutes

Servings

4

Ingredients

10 ounces spaghetti
1 pound ground turkey (85% lean)
1/2 cup Italian seasoned dry bread crumbs
1/2 cup grated Parmesan cheese
1/4 cup chopped Italian parsley
1 egg, beaten
3/4 cup water, divided

1/2 tsp kosher salt
1 Tbsp olive oil
2 cloves garlic, minced
1/2 tsp crushed red pepper
1 jar RAGÚ® Old World Style® Traditional Sauce

Instructions

1. Cook spaghetti as directed on package, omitting salt; keep warm.
2. Meanwhile, combine turkey, bread crumbs, half of the Parmesan, parsley, egg, ¼ cup water and salt. Shape mixture into 25, (1-1/4-inch) meatballs.
3. Heat oil, garlic and crushed red pepper in large non-stick sauté pan on medium heat. Add sauce and remaining water once garlic is golden. Arrange meatballs in sauce; cover and cook 10 min. or until cooked through (165°F), stirring occasionally. Serve with hot cooked spaghetti and additional Parmesan, if desired.

Tips: Use a small ice cream scoop to easily make evenly sized meatballs. Moisten hands with water while rolling meatballs to avoid sticking. Serve topped with additional Parmesan cheese and chopped parsley.