

Shredded BBQ Chicken Sandwiches



This recipe calls for:

Traditional Sauce

Prep time

5 minutes

Cook time

30 minutes

Servings

4

Ingredients

- jar RAGÚ® Old World Style® Traditional Sauce
 Tbsp. firmly packed brown sugar
 Tbsp. apple cider vinegar
 1/2 Tbsp. chili powder
 tsp. garlic powder
 1/2 tsp. onion powder
 boneless, skinless chicken breast halves (about 1-1/4 lbs.)
- 6 hamburger buns or round rolls, toasted

Instructions

1. Cook sauce, brown sugar, vinegar, chili powder, garlic powder and onion powder in 6-quart saucepan over medium heat, stirring occasionally, 5 minutes.

2. Season chicken, if desired, with salt and pepper. Add chicken to sauce. Reduce heat to mediumlow and simmer covered, stirring occasionally, until chicken is thoroughly cooked, about 20 minutes. Remove saucepan from heat.

3. Remove chicken from sauce. Shred chicken using two forks. Return shredded chicken to sauce and heat through. To serve, arrange chicken mixture on rolls and garnish, if desired, with shredded Cheddar cheese.