

Chicken Parm Meatballs



This recipe calls for:

Chunky Marinara Pasta Sauce

Traditional Pasta Sauce

Prep time

15 minutes

Cook time

15 minutes

Servings

4

Ingredients

1 pound lean ground chicken

1/2 pound sweet Italian turkey sausage, removed from casing

1-1/4 cups Italian-seasoned panko bread crumbs, divided

1/2 cup grated Parmesan cheese

1 egg, beaten

olive oil spray

1 jar (24 ounces) RAGÚ® Simply Chunky Marinara Pasta Sauce

1/4 cup water

1 cup shredded mozzarella cheese

Instructions

- 1. Combine chicken, sausage, 1 cup breadcrumbs, Parmesan and egg in large bowl. Shape into 12 (2-inch) meatballs.
- 2. Heat large nonstick skillet lightly sprayed with olive oil on medium-high heat. Place meatballs in skillet; cook 5-7 min. or until lightly browned on all sides, turning frequently.
- 3. Stir in sauce and water; reduce heat to medium. Cover and cook for 10 min. or until cooked through (165°F). Remove skillet from heat; sprinkle with mozzarella. Cover with lid for 1 min. or until cheese is melted.
- 4. Meanwhile, toast remaining breadcrumbs in small nonstick skillet on medium heat for 3-4 min., or until golden brown, stirring frequently. Top meatballs with toasted breadcrumbs and basil before serving.

Tips: A standard-sized ice cream scoop ensures evenly sized meatballs. To serve this recipe as an appetizer, shape mixture into 24 (1-inch) meatballs. Gently brown meatballs in batches. Continue as directed. Substitution: Prepare using $RAG\check{U}$ ® Simply $Traditional\ Pasta\ Sauce$